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**The Intimacy and Sexual Preferences (ISEP) Tool Report**

**Resident’s Name:**

**Casefile ID:**

**Interviewer:**

**Position:**

**Facility:**

**Date:**

## **Acknowledgements:**

**The ISEP Tool was developed by:**

* A/Prof. Cindy Jones (Bond University, Faculty of Health Sciences and Medicine; Menzies Health Institute Queensland, Healthcare Practice and Survivorship)
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## **ISEP Profile Report**

### **Preferred Name and Pronoun**

**[Resident’s name]** prefers to be addressed by **[pronoun] [preferred way to be addressed]**, **[preferred name]**, using the pronouns **[preferred pronouns]**. **[Pronoun/resident’s name]** believes it is **[level of importance]** to be addressed by **[pronoun]** preferred name and pronoun.

### **Gender Identity**

**[Resident’s name]** identifies **[pronoun]** gender as **[gender]**, and that **[pronoun]** gender identity is **[different or not different]** from the sex **[pronoun]** was assigned at birth. **[Pronoun]** believes it is **[level of importance]** that **[pronoun]** gender identity is acknowledged.

### **Intimacy**

**[Resident’s name]** defines intimacy as **[resident’s definition of intimacy]**. [**Pronoun]** identifies intimacy as **[level of importance]** in **[pronoun]** life.

**[Resident’s name]** prefers or enjoys the following forms of intimate behaviour:

[ ]  **Touching**

[ ]  **Holding hands**

[ ]  **Talking/whispering**

[ ]  **Cuddling or hugging**

[ ]  **Kissing (on the cheek, mouth, and hand)**

[ ]  **Others:**

### **Sexuality**

When asked to how **[resident’s name]** would define intimacy, **[pronoun]** responded, **[resident’s definition of sexuality]**. **[Pronoun]** believes it is **[level of importance]** to be able to express **[pronoun]** sexuality in **[pronoun]** life.

**[Resident’s name]** prefers or likes to express **[pronoun]** sexuality through the following forms:

[ ]  **Through their appearance (e.g. clothing, hair, makeup, pedicure/manicure)**

[ ]  **Through being in intimate casual and/or committed relationships with others (e.g. intimate touching, cuddling/hugging, kissing, flirting, and/or romantic gestures)**

[ ]  **Through engaging in sexual behaviour/activity (e.g. with myself or with someone of the same and/or opposite sex and gender as me, and/or with multiple partners)**

[ ]  **Talking about sexuality with someone else**

[ ]  **Talking about sexuality in a group**

[ ]  **Watching TV programs and movies (such as those of a pornographic/erotic nature)**

[ ]  **Looking at artwork, music and plays (such as those of a pornographic/erotic nature)**

[ ]  **Reading magazines, journals, and newspapers (such as those of a pornographic/erotic nature)**

[ ]  **Other:**

**[Resident’s name]** believes that **[resident’s identified barriers]** prevents **[pronoun]** from expressing **[pronoun]** sexuality.

### **Sex**

**[Resident’s name]** defines sex as **[resident’s definition of sex]**. **[Resident’s name]** identified engaging in sexual behaviour/activity in **[pronoun]** life as **[level of importance]**.

**[Resident’s name]** prefers the following forms of sexual behaviour:

[ ]  **Oral sex [resident's preference]**

[ ]  **Penetrative sex [resident's preference]**

[ ]  **Masturbation with adult toys**

[ ]  **Masturbation without adult toys**

[ ]  **Reading adult books, magazines, etc.**

[ ]  **Watching adult movies**

[ ]  **Other:**

**[Resident’s name]** believes that **[resident’s identified barriers]** prevents **[pronoun]** from engaging in sexual behaviour/activity that **[pronoun]** enjoys.

### **Sexual Orientation**

**[Resident’s name]** identifies as **[resident's sexual orientation]** and believes that it is **[level of importance]** for **[pronoun]** sexual orientation to be acknowledged.

### **Romantic and/or Sexual Relationship**

**[Resident’s name]** believes that it is **[level of importance]** to be in a romantic and/or sexual relationship with someone. **[Resident’s name]** is **[resident's relationship status]** in a romantic and/or sexual relationship with someone.

Over the course of **[pronoun]** life, **[resident’s name]** has not been married more than once, **[resident's relationships]** been involved in a romantic and/or sexual relationship with more than one person.

**[Resident’s name]** believes that it is **[level of importance]** for **[pronoun]** spouse/partner/significant other/special friend to feel comfortable visiting and spending intimate and private time with **[pronoun]** in **[pronoun]** place of residence.

**[Resident’s name]** believes that **[pronoun]** and **[pronoun]** spouse/partner/significant over/lover/special friend would like to be supported in having intimate and private time together by:

[ ]  **Private room**

[ ]  **Lock on my room’s door**

[ ]  **‘Do not disturb’ sign outside by room’s door**

[ ]  **Double bed**

[ ]  **Other:**

### **Safe Sex**

**[Resident’s name]** has not heard of the expression safe sex, and defines safe sex as **[resident’s definition of safe sex]**.

**[Resident’s name]** **[resident's understanding of safe sex]** what a sexually transmitted infection means, **[resident's understanding]** how to protect **[pronoun]**, and **[resident's history of sexually transmitted infection]** had a sexually transmitted infection in the past.

### **Others**

**[Resident’s name]** **[resident's knowledge of consent]** what the term consent means in the context of sexual expression with another person. **[Resident’s name]** defines consent as **[resident’s definition of consent]**. **[Pronoun]** **[resident's history of non-consensual sexual encounters]** had any type of sexual encounter that was not mutually consensual.

### **Supporting Intimacy and/or Sexual Needs and Preferences**

**[Resident’s name]** believes that intimacy and/or sexual needs and preferences **[resident's belief on supporting intimacy]** supported in long term care.